



If found, please return to:

Curious Questions: set a timer and write as many questions about what you observed as you can

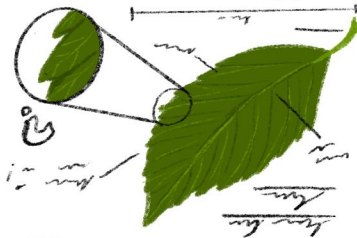
• Sit Spot: revisit the same location over and over at different times

• Zoom In, Zoom Out: look at the details and the big picture

• INWIRMO: I Notice, I Wonder, It Reminds Me Of

Strategies:

Resource



My Little Pocket Nature Journaling

• moon phase
new, waxing crescent, 1st quarter, waxing gibbous, full, waning gibbous, 3rd quarter, waning crescent

• time of observation
date of observation

• location
- city, state, country
- site/landmark/event
- latitude(N/S)/longitude(E/W)
- altitude

Include information like:

Start with Metadata

• weather

sunny, partly cloudy, cloudy, rainy, foggy, snow, sleet

• temperature (C/F)

partly cloudy, mostly cloudy, thunderstorm, windy

• humidity

• season

summer, autumn, winter

Observations

Take a moment, breathe in slowly, and pause...

Look at the **BIG** things: the trees, waters, sky...

look at the **small** things: moss, mushroom, dew...

Then look to the things in-between and really notice the beauty & wonder of them all...

What do you... see?... hear?... smell?... feel?

Words

some information is difficult to capture when drawing/painting so write about it!

Examples:

Describe it - color, texture, shape!

Ask a question or several!

Give it a **TITLE**

Tell a story - How did what you observe happen? Be creative!

Poetry - Rhyming or not, haiku, cinquain, or other form

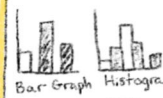
Numbers

Numbers can help us include details like...

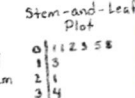
Measurements: length, height, weight, temperature, time, angle, volume

Counting: How many are there? Count them! numbers tally use x's marks

Graph it: make a graph or table of the data



ALL	ALL	ALL
SMALL	SMALL	SMALL
ALL	ALL	ALL



4	xx
5	xxxxxxx
6	xxxxxxx
7	xxxx

Pictures: there is more than one way to capture visuals in a nature journal

Sketch: includes key details/features label them!

Detailed Drawing: may be done live or from reference photo

Blind Contour: without looking at the paper, capture shapes

Draw what you see, not what you think

Nature journaling is more than a pretty picture!

Look for shapes, Use your pencil/hand to measure, Start with light pencil